
Sele News

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Welcome to the final newsletter of 2025!

Christmas & New Year Opening Hours

Please note our opening times over the festive period:

- Christmas Day (25 Dec): Closed
- Boxing Day (26 Dec): Closed
- Weekends: Closed as usual
- New Year's Day (1 Jan): Closed

For urgent medical help when we are closed:

- Use NHS 111 online or call 111
- In a medical or mental health emergency, call 999

Routine queries and prescription requests will be handled when we reopen.

Flu Vaccination Update

Our flu clinics have now finished, but you can still receive a flu vaccination by booking a nurse appointment.

If you are eligible and haven't yet had your flu jab, please contact reception to arrange this.

Stay Alert – Beware of Scams

We've had reports of patients being contacted by scammers pretending to be from the NHS or the surgery. 'Which?' also reported scammers using automated messages to impersonate NHS receptionists, asking you to update your GP record or risk being removed from the surgery.

Please remember:

- We will never ask for your bank details or passwords
- Do not share personal information with anyone who you do not recognise
- If in doubt, hang up and call the surgery directly.

Friends and Family Test

We are very pleased to announce our November Friends and Family Feedback from the patients at the surgery. Of the 404 patients to respond, 97% have rated the surgery as 'Very good' and 'Good'.

If you would like to leave feedback, this can be done via the feedback forms at reception, or via the link sent by text after your appointment.

NHS App – Manage Your Health Easily

The NHS App is the quickest way to manage your healthcare needs.

With the app you can:

- Order repeat prescriptions
- View your medical record
- Check test results
- Book and manage appointments

Download the NHS App from the App Store or Google Play.

Understanding NHS App Access

There are two types of access to your medical records via the NHS App:

Prospective Access (Going Forward)

When you register for the NHS App, you can set up your own account without any involvement from the surgery. This gives you access to information recorded from the date you register onwards, such as future test results, prescriptions, and appointments.

Retrospective Access (Past Records)

If you want to view your full historical medical record, you will need to request this from the surgery.

To do this: ask for a Subject Access Request form at reception.

Once processed, you will be given a linkage key/code to connect your full record to your NHS App.

This process ensures your data is shared securely and only with your consent.

Recruitment to our Patient Group

We would like to invite more patients to join our patient group. There are currently six members who meet quarterly to give feedback and discuss important changes in the surgery. Please contact reception if you are interested or would like any more information.

If you need help when we are closed:

If you need medical help, use NHS 111 online or call 111.

In a medical or mental health emergency, call 999. This is when someone is seriously ill or injured and their life is at risk.

Season's Greetings

As 2025 draws to a close, we would like to thank all our patients for your continued support and understanding throughout the year.

The festive season is a time for reflection and connection—please remember to check in on friends, family, and neighbours who may be alone or vulnerable.

From all of us at Sele Medical Practice, we wish you a Merry Christmas and a Happy, Healthy New Year!