
Sele News

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Retirement Message from Dr Gold

As many of you will be aware, Dr Gold retired in April after more than 34 years of dedicated service:

"I would like to take this opportunity to thank all our patient community who sent cards and gifts expressing your good wishes for my retirement. They were very much appreciated.

I have worked at Sele Medical Practice, formerly Sele Gate Surgery, for over 34 years and been through many changes to general practice and healthcare in that time. I've known many of you for a long time and been a part of your health challenges.

The continuity of looking after someone from infant to adulthood and developing long term relationships is what makes being a G.P such a unique and fulfilling career and I will miss the chat and catching up which was a regular part of many of my consultations-probably why I wasn't the best at sticking to 10 minutes!

Playing a part in diagnosing, treating and witnessing recovery from illness is massively rewarding- in contrast, there is much sadness in caring for someone and their family through a terminal illness but this is also equally rewarding and an immense privilege to be part of the team hopefully making that journey the best it can be, at a time when we are at our most vulnerable.

I have met many wonderful and inspiring patients, who have taught me a lot about coping with adversity and disability and maintaining a positive attitude when faced with the cruel challenges that life can throw at us.

I have thoroughly enjoyed being a GP but am now looking forward to the next chapter in my life, knowing that I am leaving you in the best possible hands with the Sele team."

Dr Gold will be greatly missed by colleagues and patients alike. We are sure you will join us in wishing her a long, happy and well-deserved retirement.

COVID-19 and Flu Vaccinations

We will once again be offering seasonal COVID-19 booster vaccinations alongside our annual flu vaccination programme at the surgery.

Vaccination clinics are expected to begin in October 2026. Eligible patients will be contacted when appointments become available to book.

Eligibility for a COVID-19 Booster

You may be eligible if you:

- Are aged 75 years or over
- Live in a care home for older adults
- Have a weakened immune system due to a medical condition or treatment

Eligibility for a Free NHS Flu Vaccination

You may be eligible if you:

- Are aged 65 years or over
- Have certain long-term health conditions, such as diabetes or asthma
- Are pregnant
- Live in a care home
- Are a carer or live with someone who has a weakened immune system

Patients who are eligible for both the COVID-19 booster and flu vaccination can safely receive both vaccines during the same appointment, making it easier to stay protected ahead of the winter months.

Appointments are expected to be available to book from August 2026. Further information will be provided nearer the time.

Prescription line

From 1st September 2026, the prescription line will be open Monday to Friday from 10:00am to 2:00pm.

Urgent medication requests will continue to be accepted through the main telephone line where appropriate.

Where possible, we encourage patients to order their repeat prescriptions using the NHS App, which is a convenient and efficient way to manage your medications.

Recruitment to our Patient Group

We are keen to welcome more patients to our Patient Participation Group (PPG).

The group currently consists of six members who meet quarterly with practice staff to provide feedback, discuss patient experiences and contribute to important developments within the surgery.

If you would like to become involved or would like further information, please contact Reception.

Participation in the PPG is also an excellent opportunity for students and young people aged 16 and over who are interested in healthcare or community involvement. It can provide valuable experience for UCAS, medical school and other higher education applications.